

Long Island Population Health Improvement Program (LIPHIP) Attendance & Meeting Summary October 22, 2015, 9:30-11:30am

In Attendance: Bruce Berlin, MD, Suffolk County Medical Society, Member, Executive Committee; Tavora Buchman, Nassau County Health Department, Director, Quality Improvement, Epidemiology; Celina Cabello, Nassau County Health Department, Epidemiologist; Judith Clarke, Hudson River Health Care, Community Educator; Trevor Cross, HRH Care, Community Manager; Carol Ann Foley, St. Joseph Hospital, Director; Michele Gervat, American Heart Association, Regional Director, West End Gala' Tina Graziose, YMCA of LI, Wellness Director; Christine Hendriks, Catholic Health Services of LI, Vice President, Public and External Affairs; Joseph Lanzetta, Mercy Medical Center, Director of Planning and Community Health; Janine Logan, Nassau-Suffolk Hospital Council, Senior Director, Communications and Population Health; Tara Larkin-Fredericks, Association for Mental Health and Wellness, Director of Special Projects; Theresa Marandino, Nassau University Medical Center, QA Data Analyst, Department of Quality Management; Patricia Nicholas, NYS Podiatric Medical Association, Vice President; Sue Palo, St. Francis Hospital, Director, Rehabilitation and Community Services; Blanche Puglisi, Rotacare, Board Member; Sarah Ravenhall, Nassau-Suffolk Hospital Council, Program Manager-PHIP; Yvonne Spreckels, Stony Brook University Hospital, Director of Community Relations; Vincent Strykowski, Society of St. Vincent de Paul, Clothing Donation Coordinator; James Tomarken, Suffolk County Department of Health, MSW Commissioner, Board of Health Chair; Colleen Valdini, Good Samaritan Hospital Medical Center, Public & External Affairs Manager; Luis Valenzuela, Health Education Project/1199 SEIU, Healthcare Advocate; Stuart Vincent, John T. Mather Memorial Hospital, Director of Public Relations; Kate Warner, NSHC/Rochester Healthcare Alliance, Director, Quality and Education; Gloria Kupferman, Vice President, Data Gen, Inc.; Gina Shalhoub, Smithtown Youth Bureau, Community Relations Specialist; Amanda Watral, Health and Welfare Council of LI, Senior Community Needs Specialist; Karla Mason, St. Catherine of Siena, Manager External Affairs; Kim Whitehead, Nassau-Suffolk Hospital Council, Communication Specialist.

Welcome & Introductions	J. Logan, Senior Director, Communications & Population Health welcomes committee members to the October LIPHIP meeting.
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	<p>Janine introduces Michael Corcoran, PHIP Data Analyst to members. Michael began his position as PHIP Data Analyst on Monday October 19, 2015. Michael recently completed his undergraduate studies at Purdue University. He holds a Bachelor of Science in Actuarial Science and Applied Statistics and minor in Management and Classics.</p> <p>In addition, Janine welcomes Gloria Kupferman; Vice President at Data Gen, Inc. After we discuss workgroup updates, Gloria will provide a brief overview of the services available through Data Gen. Then we can open the floor to any suggestions or questions members may have.</p>
<p>Workgroup Update</p> <ul style="list-style-type: none"> • Public Education, Outreach & Community Engagement 	<p>The <i>Public Education, Outreach & Community Engagement</i> workgroup, chaired by Chris Hendriks met on September 30, 2015. During this meeting, members:</p> <ul style="list-style-type: none"> • Reviewed and identified potential resources & contributions available. • Two <i>duplicate</i> workgroup responsibilities were consolidated. • C. Hendriks provided an update on Walking Program. We are ready to begin this effort, waiting for website development. • A plan is in place for identifying walking opportunities that will be listed on our website and promoted through the LIPHIP. • This committee is built upon members who are involved in boots to the ground efforts.
<p>Workgroup Update</p> <ul style="list-style-type: none"> • Academic Partners 	<p>The Academic Partners workgroup has a conference call scheduled for <i>Friday November 6</i>. During this meeting, we will discuss:</p> <ul style="list-style-type: none"> • Goals and objectives of the group

- Opportunities related to population health in academia
- Possible student projects
- Collaborative research
- Student Internship Opportunity
- CBO Summit with Focus Group

J. Logan clarifies that any student hired to work as PHIP Interns must be paid according to HANYS HR Policy. In turn, students are not able to receive pay while completing their practicum.

A student intern for the PHIP has been hired and will begin her new position on 11/4/15. She is an MPH/MBA student at Stony Brook University with a strong interest in working toward community improvement. Thank you Lisa Benz-Scott, Director of Graduate Program in Public Health at Stony Brook University for referring this student to us.

Vincent Strynkowski, Society of St. Vincent de Paul, Clothing Donation Coordinator enlists members to think about hosting a holiday drive this season. Anyone interested should contact S. Ravenhall or V. Strynkowski. Drives would be coordinated by Society of St. Vincent de Paul and internally promoted by the participating organization.

J. Logan suggests we host a LIHC coat/warm clothing drive at the Nassau-Suffolk Hospital Council. Members will be reminded to bring coats and warm clothing donations to the next meeting on November 18, 2015.

Workgroup Update

- **CLAS/Workforce**

The CLAS/Workforce workgroup is comprised of LIPHIP staff members in collaboration with the Nassau and Suffolk PPS's.

Suffolk:

- S. Ravenhall, Program Manager, LIPHIP attended the Suffolk Care Collaborative PAC meeting on October 6, 2015.
- The DSRIP Obesity Prevention Workgroup Meeting and Workforce Advisory Group meeting will take place next week. S. Ravenhall will be in attendance to help streamline PHIP responsibilities and offer support to DSRIP efforts. Althea Williams, Senior Manager for Provider and Community Engagement at Stony Brook Medicine has included me on the Cultural Competency workgroup invite list for their October meeting.
- The SCC CLAS DSRIP team and LIPHIP are researching train the trainer programs for Culturally & Linguistically Appropriate Services in hope that we will be able to host a session for our Collaborative members. Post-session, members will be able to bring back a tailored program to incorporate within their respective organizations. We will report again once a model is selected that best meets our needs.
- Dr. Linda Efferen, Medical Director, Office of Population Health at Stony Brook University has connected PHIP with the DSRIP project managers for Diabetes and Hypertension. We are going to communicate closely about any Stanford DSMP trainings that are being held so the PHIP team can help to promote them.

Nassau:

- Janine Logan and D. Nemiroff, Executive Director from Nassau Queens PPS met

	<p>to discuss alignment and collaboration of efforts between DSRIP and PHIP.</p> <ul style="list-style-type: none"> • David has assigned two representatives from Nassau Queens PPS to attend our PHIP meetings. • Apurvi Mehta, Nassau-Queens Project Manager has provided us with the names of those individuals leading the subcommittees so that I can begin streamlining our objectives and identifying areas where the PHIP can assist. <p>The LIPHIP is working to compile a comprehensive list of CBOs on Long Island. We are working with both PPSs on Long Island who have lists of partners who attested to their regions PPS during the DSRIP process. We have plans to expand and flush out this list and make it available to the public.</p>
<p>Workgroup Update</p> <ul style="list-style-type: none"> • Complete Streets/Nutrition & Wellness 	<p>The Complete Streets/Nutrition and Wellness met on September 30, 2015. During this meeting, members discussed:</p> <ul style="list-style-type: none"> • Combining and collaborating Nutrition and Wellness and Complete Streets workgroups to streamline efforts. • Focus on leveraging grants to bridge resources and reduce overlap in projects • Focus on Community Empowerment • Encourage open communication between workgroup members <p>Action Items Identified:</p> <ul style="list-style-type: none"> • Identify Intersections of various Grant Projects: S. Ravenhall to develop Mapping/Action Plan in effort to reduce overlap and avoid working in silos. • Research training and empowerment models: S. Ravenhall to investigate various

	<p>models. This research will be shared with workgroup members. Please connect with me if you have an expertise in this area or have information you would like to highlight.</p> <ul style="list-style-type: none"> Identify hot spot communities: We are working with Nassau and Suffolk PPSs. <p>Updates from Ann Fangmann, Director of Programs, Sustainable Long Island:</p> <ul style="list-style-type: none"> Ann will share feedback/results from the most recent Wyandanch Complete Street Streets Focus Group with LIHC. These results will also be shared with the town of Babylon and a plan for work towards implementation will be set up. Ann has shared materials from SC Complete Streets Summit (held over the summer) and SLI timelines of the Complete Streets and food equity/nutrition tasks and activities that SLI will be undertaking in conjunction with Western Suffolk BOCES and Stony Brook Medicine as part of the Communities component of the five year Creating Health Schools and Communities grant received from NYS DOH. Ann will be serving on a Community Trust Panel October 22, 2015 for a Walkable Community and Safe Streets forum, hosted by the Three Village Community Trust & Sidewalks for Safety. This forum is open to the public and will take place tonight at 7:30pm at The Setauket Neighborhood house. S. Ravenhall will be attending on behalf of the PHIP.
<p>Workgroup Update</p> <ul style="list-style-type: none"> Industry Partners 	<p>The PHIP steering committee will meet November 17, 2015.</p> <p>Outreach to Industry partners is in progress and ongoing.</p> <p>J. Logan will reach out to CBOs focused on Elderly & Disabled populations.</p>

<p>Data Updates</p> <ul style="list-style-type: none"> • Data Gen-Gloria Kupferman 	<p>G. Kupferman, Vice President, Data Gen Inc. reviews sample Diabetes testing report obtained from SPARCS data with collaborative members.</p> <p>G. Kupferman to produce report on preventable ER/Hospital admissions. She will begin to look at zip-code level data surrounding chronic disease, mental health, and unintentional injuries.</p> <p>Follow up Data sub-workgroup web-ex will be scheduled to review reports produced by Data Gen and develop plans for moving forward.</p> <p>Tara Larkin-Fredericks, Association for Mental Health and Wellness, Director of Special Projects reports a Patient Characteristic Survey is being utilized in OMH licensed programs including pros, housing, CDT. This survey is self-reported/checked against patient records. Looks at mental health, chronic disease, smoking, etc. T. Larkin-Fredericks to send survey to S. Ravenhall.</p> <p>Alan Bernstein, MD Chief Medical Officer from NS LIJ Care Connect has offered to support LIPHIP data needs. M. Corcoran to follow up with Dr. Bernstein.</p> <p>K. Warner suggests we team with counterpart PHIPs across New York to highlight the importance of obtaining and utilizing mortality by zip code data to the NYS Department of Health. This data would be a huge asset to our work yet it is often challenging to obtain.</p>
<p>Report on Outcomes from 10-15-</p>	<p>A Brainstorming session was held last week to:</p>

15 CHNA Brainstorming Session

- Review CHA/CHIP NY DOH State requirements for 2016-2018.
- The group spoke with Kelly Price, Senior Director from Data Gen to identify potential in data services.
- Identify roles of contributing parties including: Nassau DOH, Suffolk DOH, Hospitals, CBOS and LIPHIP.
- Develop implementation plans for completion strategy.

Action Items stemming from this meeting include:

1. LHDs, hospitals and LIPHIP will work collaboratively to engage CBOS and community members. The LIPHIP will take a leadership role in compiling information and writing assessments for Nassau and Suffolk Counties.

Strategy 1: Collect primary data from community members and CBOs through utilization of existing Prevention Agenda Survey.

- Survey will be finalized by **11-5-15**.
- Return location will be Nassau-Suffolk Hospital Council Offices in Hauppauge, NY (one centralized location)
- Nassau DOH and Suffolk DOH will begin distribution of surveys mid-November. This will give us a jump start on data collection efforts.

Strategy 2: Engage CBOs: LIPHIP will plan a Regional CBO Summit event where focus groups will be led. LIPHIP is currently working to develop a base list of CBOs from existing DSRIP/PPS lists.

- LIPHIP to plan CBO event
- LIPHIP to identify a consultant who is skilled in leading focus groups (John Snow

	<p>Inc, Amy Hammock from Stony Brook)</p> <ul style="list-style-type: none"> • Academic Partners may be able to facilitate this event • Produce qualitative Analysis <p>Strategy 3: Evaluation of Successes with CHIP. Data from Wellness Survey and QTEQ/State</p> <ul style="list-style-type: none"> • S. Ravenhall to contact Nancy Copperman’s contact at QTAC to find out if data from CDSMP and DSMP can be released for utilization. • Dr. Jim Tomarken to contact State to find out if data from Stepping On program can be released to LIPHIP. • M. Corcoran, Data Analyst to evaluate effectiveness of CHIP programs such as CDC DPP, Stanford CDSMP-DSMP, Stepping on or standalone programs.
<p>Evaluation of Data from Wellness Survey (M. Corcoran)</p>	<p>LIPHIP obtained survey data from Bill Redman at Stony Brook University. M. Corcoran reports four Long Island organizations (two from Nassau and two from Suffolk) have been utilizing the Wellness Survey Portal. There is a statistical (T-test) difference between pre and posttest evaluations for several of the programs being reported on. Michael will support this theory by analyzing a distribution curve and running a Chi test.</p> <p>The committee feels that this data may be usable and we should encourage other organizations to begin participation efforts immediately.</p> <p>LIPHIP will send out an email to LIPHIP members asking them to begin using the portal as soon as possible, listing program criteria. In the meantime, we will put together instructions for portal use.</p>

<p>National Eating Healthy Day (Michele Gervat)</p>	<p>Michele Gervat, American Heart Association, Regional Director, West End Gala reports Healthy Eating Day will take place on November 4, 2015. This program supports organizations taking a proactive approach to encouraging healthy nutrition to staff members. S. Ravenhall to distribute “How to Guide” and “Toolkit” to LIPHIP members.</p>
<p>DSMP Peer Leader Training</p>	<p>S. Ravenhall attended the Diabetes Self-Management Program peer leader training in Riverhead at the Cornell Cooperative Extension and is now certified as a volunteer peer leader who would facilitate the evidence-based program to community members. S. Ravenhall is collaborating with Pegi Orsino at RSVP and Liz Phillips with HRH Care to identify programs where a peer leader is needed to fill in. As a “free-agent” peer leader, Sarah has the ability to step in to any DSMP programs taking place on Long Island. If one of our partner organizations is in need of a DSMP program peer leader, please let LIPHIP staff know.</p> <p>As mentioned earlier, we are working in support of the evidence-based Stanford Chronic Disease program model and will advertise any upcoming peer leader or train the trainer programs.</p>
<p>Communications</p> <ul style="list-style-type: none"> • LIPHIP Newsletter • Website • Visual Directory 	<p>The first issue of the LIPHIP Newsletter, Collaborative Communications, went out in October. Kim Whitehead, Communications Specialist thanked the members for their feedback and encouraged input on all fronts. Currently working on an issue with Suffolk County Government employees not being able to receive the emails.</p> <p>Kim shared the agency we had chosen to create the LIHC website, Blue Compass Interactive. Described the two main functions of the site – public interactive and member resource – as well as the digital marketing plan offered by Blue Compass.</p>

	<p>The visual directory is complete excluding collection of images, which we will put out a call for when we give members the ability to edit the final draft of the directory for accuracy. The directory will be distributed before the next collaborative meeting, and updated and redistributed every quarter.</p>
<p>Grant Opportunities</p> <ul style="list-style-type: none"> • America Walks Collaborative Micro Grant • CDC’s Community Health Learning Collaborative 	<p>J. Logan reports she applied for a small micro-grant for America Walks on behalf of Sustainable Long Island. Funding would cover signage in the Geiger park to support the Complete Streets effort in Wyandanch.</p> <p>Nassau-Suffolk Hospital Council applied, on behalf of the Long Island Health Collaborative, to the CDC’s Community Health Learning Collaborative. The pilot program is selecting a handful of collaborative to participate. Offers technical assistance through webinars and phone calls and covers expenses to national conference. Unfortunately, the LIHC was not selected to participate, but we are now on the radar of the CDC.</p>
<p>Adjournment</p>	<p>The Nassau-Suffolk Hospital Council Holiday Party is scheduled for December 11, 2015 at the Venetian Yacht Club. All committee members are invited to join us.</p> <p>The next LIPHIP Meetings are scheduled for:</p> <ol style="list-style-type: none"> 1. November 18, 2015 3-5pm 2. December 17, 2015: 9:30-10:30am (via conference call) 3. January 14, 2015 9:30-11:30am